

Santa Rosa

707-528-2745
800-528-7703
866-765-6218 Voice/VP

Napa

707-258-0270
707-258-0274 TTY

Ukiah

707-463-8875
800-528-7704

disabilityserviceandlegal.org

*Advancing the rights of
people with disabilities
to equal justice, access,
opportunity and
participation in our
communities.*

Santa Rosa Intake

Every Monday 1:30 pm.
Entry point for new Santa
Rosa consumers

Editor: Deirdre McGrath

Send items or ideas to:

deirdrem@sonic.net
phone 707-528-2745 x 214
fax 707-528-9477

Census 2010 Help for All at DSLC

DSLC will be an Assistance Center for the US Census Bureau. This service will be provided for **anyone**. There will be a Census Bureau person at the Santa Rosa DSLC office for 15 hours per week from March 19th through April 19th. It is important for everyone to be counted because money is allocated for many programs based on the census counts. If more people with disabilities get counted, there will be a more accurate count of what proportion of the community is disabled.

Sharon Dawson will be available to the Deaf and Hard of Hearing for help in understanding the Census Form.

Employment With 2010 Census

Anyone interested in applying for employment with the 2010 Census should call the Census Employment at 1-866-861-2010. TTY callers call the Federal Relay Service at 1-800-877-8339. Anyone who requires special accommodations should request them when calling to sign up for the Census Exam.



Education Night for the Deaf Community: How to Register to Vote

Elizabeth Acosta and Loreen Theveny of the Registrar of Voters Office will be presenting a workshop on "How to Register to Vote" on Wed, March 10, 2010, from 5-7 pm in the DSLC Santa Rosa Warehouse. Interpreters will be provided and some light refreshments. Learn to be an informed voter, to understand your voter rights, and get tips and tools to be sure your vote counts. Questions will be answered.

Did Social Security Stop Your Benefits Because You Had an Arrest Warrant?

You may be able to start your benefits again, and also get thousands of dollars in back benefits. A class action lawsuit (Martinez v. Astrue) settlement says:

- » Social Security cannot deny or stop benefits because of most outstanding arrest warrants.
- » Social Security must stop collecting overpayments based on most outstanding warrants.
- » For 80,000 people, Social Security must pay back all benefits that it didn't pay or that it collected as overpayments.

These are the benefits you can get back:

- » Social Security
- » Supplemental Security Income (SSI)
- » Special Veterans Benefits (SVB)

IMPORTANT: This case will not help you if:

- » You were convicted and sentenced for a crime and violated your probation or parole.
- » You have an outstanding warrant for flight and/or escape (very rare).

Social Security will send notices to class members. To help make sure Social Security pays you the back benefits it owes you:

- » Make sure Social Security has your current address. People who received Social Security (not SSI or SVB) can update their address online at www.socialsecurity.gov/changeofaddress
- » If you received SSI benefits, you should visit your local Social Security office and ask them to put your name, address, Social Security number and phone number on the "Martinez list."

To learn more visit the Social Security website at www.ssa.gov/martinezsettlement

SYSTEM CHANGE NEWS

by Nancy Hall

There has been a lot of concern about IHSS cuts in the future and those already made. Even if you don't need IHSS now, you may in the future.

There was a hearing on the Governor's IHSS reductions on February 2nd by the Senate Budget and Fiscal Review Committee.

If you have access to a computer you can see videos of many sessions of the California Assembly and Senate as well as Committee Sessions. The California streaming channel is:

<http://www.calchannel.com/>

Check out Assembly Committee on In Home Supportive Services from 1-27-10. You can also see the Hearing from Feb 2.

If you or any family members have been impacted by the IHSS cuts, please call Nancy Hall at 528-2745 x 224 and I will get a complaint form out to you. We will collect these and send them to Assemblymember Noreen Evans, Chair of the Assembly Budget Committee.



DSLCL Calendar

These are the Holidays in 2010 when DSLCL will be closed. No orientation in the weeks we are closed on Monday:

Feb 15	Monday	President's Day
Mar 29	Monday	Cesar Chavez Day
May 31	Monday	Memorial Day
July 5	Monday	Independence Day
Sept 6	Monday	Labor Day
Nov 11	Thursday	Veteran's Day
Nov 25	Thursday	Thanksgiving
Nov 26	Friday	Day After Thanksgiving
Dec 24	Friday	Christmas Eve
Dec 31	Friday	New Year's Eve

A Moving Story

The goal of the DSLC Transitions department is to help people get out of institutions and back into their own homes. Many Transitions clients have been living in

DSLC volunteer Dana Ransom used Sausalito Moving and Storage to move her husband and herself, and her 90 year old mother. She says they are very careful, quick and caring, serve both Sonoma and Marin Counties, and that owner, Tim Chestnut, is a wonderful person to work with. Dana was working in Transitions and organizing the move and she recommended we get Sausalito Moving and Storage.



Dana Ransom , Glenna and Tim Chestnut

skilled nursing facilities for years with no one to help them arrange all the many details it takes to move out and live independently. We give full support including helping to find housing, personal attendants, home furnishings, etc.

Recently, Transitions was able to help move Glenna, a 94 year old woman, out of a nursing home into a home. She had no local family and nothing in the way of furniture, dishes, bedding, towels etc. We helped her get an apartment and hire a personal attendant. We were able to find her everything she needed to live at home from several donation sources.

When Tim heard of the need to move Glenna and to collect all the donations from places in Oakmont and Larkfield. He was very accommodating and made the extra trips to get it all to Glenna's house in Cloverdale. We greatly appreciate his generosity and want to encourage anyone who needs the services of a moving company to consider using his company, Sausalito Moving and Storage.



Sausalito Moving & Storage owner, Tim Chestnut (left) and helper

PEER SUPPORT GROUPS

There is no cost and you do not have to be a client of DSLC to attend the groups

Santa Rosa

Info call Melva at 528-2745 ext 218

Mental Health: 2nd & 4th Wed 1-2:30 pm

**Tools For Stability - a Workshop for
Mental Health:** 3rd Wed, 1 - 2:30 pm

Ukiah

Info call Tanner at 1-800-528-7704

Spinal Cord Injury: 4th Mon, 10am-noon

Inter-tribal Women's Talking Circle:

Every Thur 5:30-7 pm

Work Incentives: 4th Thur, 9:30-3 by appt.

Law Clinic: 2nd Thursday
9:30 - noon by appt, 1- 3pm drop-in

Napa

Info call April at 258-0270

All Disabilities: 3rd Mon, 2-3:30 pm
info call April at 258-0270

Young Adults with Disabilities,15-22:
2nd Tues, 4 - 6pm

Housing Workshop: 2nd Mon, 10-noon

Law Clinic: Last Tuesday
10 - noon by appt, 1- 3pm drop-in

***New groups can be formed if there is
enough interest. Call your local office.***

***Please do not wear scented products
to DSLC at any time***

FREE MATTER FOR THE BLIND
AND PHYS. HANDICAPPED
POSTAL MANUAL PART 138

Disability Services
& Legal Center
980 Hopper Avenue
Santa Rosa, CA 95403

